**READ GENESIS 32:1-21**

1. How did this Sunday's sermon impact you?

2. Why might the angels of God have met with Jacob before he was going to encounter Esau again?

3. The news of Esau with 400 men terrified Jacob. What situations in your own life have incited fear or even terror in your heart? How did you respond at the time?

4. How does Jacob set a great example to us for how to surrender even our worst fears to the Lord? How could you put this example into more regular practice in your life?

5. Read Exodus 22:7-11. Do you think Jacob's gifts were a form of restitution or another example of inserting control? How might God be leading you to seek reconciliation with someone? (Past examples are helpful as well)

6. What would a wise plan for how to rely on God to overcome fears of future outcomes look like for you?

**Prayer Focus.** Let's pray that we would make a practice of surrendering our fears to God in prayer.